

Menu

April 2025

Lunch

	Monday	Tuesday	Wednesday	Thursday	Friday
31	1	2	3	4	
Main:	Rotini Pasta w. Garden Sauce	Fish Sticks	Chicken Fajita & Veggie Wrap	Turkey & Cheese Sandwich Whole Wheat	Vegetarian Brown Rice
Side:	Sweat Peas	Mashed Potatoes	Black Beans	Mixed Green Salad	Pinto Beans
Side:	Carrots	Green beans	Corn	Shredded Carrots	Cauliflower
Fruit:	Bananas	Apples	Oranges	Watermelon	Mixed Fruits
Vegetarian:	Veg: Rotini Pasta	Veg: Mozzarella Cheese Sticks	Veg: Veggie Wrap	Veg: Grilled Cheese Sandwich	Veg: Brown Rice & Vegetables
7	8	9	10	11	
Main:	Baked Ziti with Garden Sauce	Mexican Vegetables Soup	Turkey & Cheese Taco	Broccoli Cheese Pasta Whole Wheat	Yellow Rice & Turkey Sausage
Side:	Seasoned Green Beans	Garden Salad	Black Beans	Broccoli	Diced Tomatoes
Side:	Carrots	Cherry Tomatoes	Corn	Red Green Pepper & Onion	Black Eye Peas
Fruit:	Bananas	Apples	Oranges	Watermelon	Mixed Fruits
Vegetarian:	Veg: Baked Ziti with Garden Sauce	Veg: Mexican Vegetables Soup	Veg: Bean & Cheese Taco	Veg: Broccoli & Cheese Pasta	Veg: Yellow Rice/Peas & Carrots
14	15	16	17	18	
Main:	Fettucine Cheese Alfredo	Turkey & Cheese Wheat Sandwich	Chicken & Cheese Quesadillas	Whole Wheat Tuscan Veggie Pasta	MSSL CLOSED GOOD FRIDAY
Side:	Carrots	Mixed Green Salad	Black Beans	Sweet Peas	
Side:	Broccoli	Cherry Tomatoes	Corn	Red Green Pepper & Onions	
Fruit:	Bananas	Apples	Oranges	Watermelon	
Vegetarian:	Veg: Fettucine w Alfredo Sauce	Veg: Cheese Sandwich	Veg: Black Beans & Corn Quesadillas	Veg: Tuscan Veggie Pasta	
21	22	23	24	25	
Main:	Spaghetti Pasta w. Garden Sauce	Grilled Cheese Sandwich	Hotdogs (Turkey or Chicken)	Veggie Primavera Whole Wheat Pasta	Teriyaki Rice & Grilled Chicken
Side:	Carrots	Tomato Soup	Mixed Green Salad	Broccoli	Corn
Side:	Cauliflower	Garden Salad	Corn	Red & Green Pepper w Onions	Green Beans
Fruit:	Bananas	Apples	Oranges	Watermelon	Mixed Fruits
Vegetarian:	Veg: Rotini Pasta	Veg: Grilled Cheese Sandwich	Veg: Cheese Sandwich	Veg: Veggie Primavera	Veg: Teriyaki Rice & Veggies
28	29	30	1	2	
Main:	Mac & Cheese	Vegetarian Black Bean Chili	Chicken & Ranch Wrap	Whole Wheat Spaghetti w Garden Sauce	Vegetables Fried Rice (Oil Free)
Side:	Corn	Black Beans	Garden Salad	Sweat Peas	Red Beans
Side:	Steamed Broccoli	Diced Tomatoes & Corn	Shredded Carrots	Carrots	Cauliflower
Fruit:	Bananas	Apples	Oranges	Watermelon	Mixed Fruits
Vegetarian:	Veg: Mac & Cheese w/ Veggies	Veg: Black Bean Chili	Veg: Cheese Wrap w/Lettuce & Tomato	Veg: Spaghetti w Garden Sauce	Veg: Fried Rice & Vegetables
WEEKLY SNACKS					
	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Cheerios with Raisins	French Toast Sticks with Bananas	Rice Krispies with Apples	Waffles with Oranges	Post Grape Nuts Flake with Watermelon
AM Snack:	Animal Crackers with Milk	Wheat Thins with Milk	Wheat Toast with 100% American Cheese	String Cheese with Club Crackers	Graham Crackers with Milk
PM Snack:	Ritz Crackers with Bananas	Goldfish with Apples	Cheez-It with Oranges	Pretzels with Watermelon	Chex Mix with Apple Juice

Milk and water are served at each meal / Fruits are seasonal and may vary